

2023 Berea-Kiwanis Titan Relays

Please use this sheet **for changes, only!**

Please include first & last name.

School: _____ G: _____ B: _____

4 x 1600 Relay

1. _____
2. _____
3. _____
4. _____

DMR-Varsity (1200-400-800-1600)

1. _____
2. _____
3. _____
4. _____

JV-DMR (800-400-400-800)(Middle Medley)

1. _____
2. _____
3. _____
4. _____

Sprint Medley (100-100-200-400)

1. _____
2. _____
3. _____
4. _____

JV Sprint Medley (100-100-200-400)

1. _____
2. _____
3. _____
4. _____

100m H: _____ or

110m HH: _____

4 x 100 M Relay

1. _____
2. _____
3. _____
4. _____

4 x 800 M Relay

1. _____
2. _____
3. _____
4. _____

4 x 200 M Relay

1. _____
2. _____
3. _____
4. _____

4 x 400 M Relay

1. _____
2. _____
3. _____
4. _____

100M Dash: _____

3200 M: _____

****This form is for changes ONLY.****